

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BADMINTON Non Guides Starts 30/9 1 - 2 pm - L1 VUB Sportscomplex Etterbeek	DANCE MIX Guided by VUB Sport Starts 1/10 7 - 8 pm- L3 VUB Sportscomplex Etterbeek	ATHLETICS* Guided by Brusselse Atletiek Vereniging Starts 25/9 6.30 - 8 pm - Track VUB Sportscomplex Etterbeek		ATLETIEK* Begeleid door Brusselse Atletiek Vereniging Start 27/9 18.30 - 20 u piste VUB Sportcomplex Etterbeek
TABLE TENNIS Non Guided Starts 30/9 1 - 2 pm - L2 VUB Sportscomplex Etterbeek	SOCCER Guided by VUB Sport Starts 24/9 4.30 - 6 pm- Soccer pitch VUB Sportscomplex Etterbeek	BASKETBALL Guided by VUB Sport Start 25/9 5 - 7 pm - L23 VUB Sportscomplex Etterbeek	BADMINTON Guided by VUB Sport Starts 3/10 5 - 7 pm - L12(3) VUB Sportscomplex Etterbeek	YOGA Begeleid door VUB Sport Start 27/9 12 - 13 u - Dojo VUB Sportcomplex Etterbeek
KICKBOXING* Guided by Brussels Technical Boxing Club Starts 23/9 7- 8.30 pm -Dojo Basic Fit Jette	FUTSAL Guided by VUB Sport Starts 24/9 5 - 7 pm - Sportshall Basic Fit Jette	KARATE* Guided by Sawada Karate Club Starts 25/9 6 - 8 pm - L1 VUB Sportscomplex Etterbeek	HURLING* Guided by Belgium Gaelic Association Club Starts 26/9 7.30 - 10 pm - Rugby pitch VUB Sportscomplex Etterbeek	<h1>SPORTSMIX</h1>
GAELIC FOOTBALL* Guided by Belgium Gaelic Association Club Starts 23/9 7.30 - 10 pm - Rugby pitch VUB Sportscomplex Etterbeek	YOGA Guided by VUB Sport Starts 24/9 6 - 7 pm - Dojo Basic Fit Jette	KENDO* Guided by Wakakoma Club Starts 25/9 7 - 9 pm - L3 VUB Sportscomplex Etterbeek	FUTSAL Guided by VUB Sport Starts 26/9 5 - 7 pm - Sportshall Basic Fit Jette	
BADMINTON Guided by VUB Sport Starts 23/9 5 - 7 pm - Sportshall Basic Fit Jette	BADMINTON Guided by VUB Sport Starts 1/10 5 - 7 pm - L123 VUB Sportscomplex Etterbeek	KICKBOXING* Guided by Brussels Technical Boxing Club Starts 25/9 7 - 8.30 pm - Dojo Basic Fit Jette	RUGBY MIXED (VUB FOXES) Guided by VUB Sport Starts 26/9 4 - 6 pm - Rugby pitch VUB Sportscomplex Etterbeek	
YOGA Guided by VUB Sport Starts 23/9 6 - 7 pm - Dojo VUB Sportscomplex Etterbeek	FLOORBALL* Guided by Bandy International Club Starts 29/10 7 - 9 pm - L4 VUB Sportscomplex Etterbeek	VOLLEYBALL Guided by VUB Sport Starts 25/9 5 - 7 pm- Sportshall Basic Fit Jette	YOGA Guided by VUB Sport Starts 26/9 6 - 7 pm - Dojo VUB Sportscomplex Etterbeek	
SWIMMING Guided by VUB Sport Starts 23/9 9 - 10 pm - Swimming pool VUB Sportscomplex Etterbeek	CONDITIONGYM* Guided by Friskis & Svettis Starts 29/10 7 - 8 pm - L6 VUB Sportscomplex Etterbeek	RUGBY* Guided by Brussels Celtics Rugby Club Starts 25/9 8 - 10 pm - Rugby pitch VUB Sportscomplex Etterbeek	SWORD FIGHTING Guided by VUB Sport Starts 3/10 6 - 8 pm - L3 VUB Sportscomplex Etterbeek	
BODYMIX Guided by VUB Sport Starts 28/10 6 - 7 pm - L6 VUB Sportscomplex Etterbeek	YOGA Guided by VUB Sport Starts 24/9 5.30 - 6.30 pm - Dojo VUB Sportscomplex Etterbeek	YOGA Guided by VUB Sport Starts 25/9 7 - 8 pm - Dojo VUB Sportscomplex Etterbeek	TAEKWONDO Guided by VUB Sport Starts 26/9 7 - 9 pm - Dojo VUB Sportscomplex Etterbeek	
BOXING Guided by VUB Sport Starts 28/10 7 - 9 pm - L6 VUB Sportscomplex Etterbeek		YOGA Guided by VUB Sport Starts 25/9 5 - 6 pm - classroom EHB campus Kanal	WATERPOLO Guided by VUB Sport Starts 26/9 9 - 10 pm - Swimming pool VUB Sportscomplex Etterbeek	
VOLLEYBALL Guided by VUB Sport Starts 30/9 5 - 7 pm - L123 VUB Sportscomplex Etterbeek		KINBALL* Guided by K-ribou Club Starts 30/10 6 - 8 pm - L4 VUB Sportscomplex Etterbeek	CONDITIONGYM* Guided by Friskis & Svettis Starts 31/10 7 - 8 pm - L6 VUB Sportscomplex Etterbeek	
BASKETBALL Guided by VUB Sport Starts 28/10 5 - 7 pm - L45 VUB Sportscomplex Etterbeek		VOLLEYBALL Guided by VUB Sport Starts 30/10 5 - 7 pm - L56 VUB Sportcomplex Etterbeek		
		CONDITIONGYM* Guided by Friskis & Svettis Starts 30/10 7 - 8 pm - L6 VUB Sportscomplex Etterbeek		
		ZUMBA Guided by VUB Sport Starts 30/10 5 - 6 pm - L4 VUB Sportscomplex Etterbeek	<p>*CLUB SPORTS= Only accessible for VUB/EHB-students or staff.</p> <p>To participate in the sportsmix you need to buy a sports punch card and reserve upfront in the VUB Sport app.</p> <p>The sportsmix in the 1st semester starts on 23/9 and ends on 20/12 2024</p> <p>!! Due to works in the sports halls L123 + L456, certain sports activities will start later !!</p> <p>So check the start date of your favorite sports activity carefully!</p>	

